Trinity Lutheran Preschool



March 31 - Apr 4 2025

CACFP

Weekly Menu	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST 3 components Fruit or vegetable or both Grain Meat or Meat Alternative Milk	WG Cereal Banana Milk	WG Graham Crackers Applesauce Milk	Biscuits & Gravy Peaches Milk	Muffins Tropical Fruit Milk	WG Oatmeal Strawberry Milk
LUNCH 5 components Meat or Meat Alternative Fruit Vegetable Grain Milk	WW Spaghetti IR - Sauce, Hamburger Pineapple Salad Milk	Picadillo IR - potatoes, hamburger, onion, green chile, tomato Grapes WW Tortilla Milk	WW Chicken & Cheese Quesadilla Green Beans Pear Milk	WW Turkey & Cheese Sandwich Mandarin Oranges Cucumbers Milk	WW Cheese Pizza Corn Mixed Fruit Milk
SNACK 2 of 4 components Milk Fruit Vegetable Grain	Apple Slices Milk	Ritz Crackers 100% Fruit Juice	Goldfish Milk	WW Wheat Thins Milk	Variety Milk

WW- whole wheat, HM- indicates homemade, IR- indicates in recipe, WGR- whole grain rich, SF- SugarFree. All milk served to participants is unflavored, all participants 2 years and over are served 1% milk and children 2 years and younger are served whole milk. Menu is subject to change upon availability of products. *this institution is an equal opportunity provider*